



Strong together for vaccinations - MSD in Cooperation with InfectoPharm

# Immunisation Schedule

(Standard immunisation) for infants



The protective vaccinations during the first year of life are also important milestones.

Starting with the completed basic immunisations during the first year.

# Because the **First Eye Contact**

is a Milestone.



#### **Dear Parents:**

Did you know that vaccinations are among the most important preventive measures in modern medicine? A large part of vaccinations is carried out in the early childhood years – but vaccinations are definitely not only "kid stuff". Adolescents and adults should also receive booster vaccinations so that continuous immunity can be maintained against deadly infectious diseases. At the same time, the risk of contagion, e.g., for unprotected infants, is minimized if there is a high vaccination rate among the population.

We have compiled information for you in this brochure on the important topic of "Vaccinations during the first year of life". At the end of the brochure, you will find a vaccination calendar for the basic immunisations to be completed during the first year of life as recommended by the German Standing Committee on Vaccination (STIKO).

#### Vaccinations for infants and small children

Vaccinations during the infant stage are important milestones for efficient defense against numerous pathogens. A high percentage of parents in Germany decide to have their children vaccinated, resulting in approximately 95 % of first graders receiving essential basic vaccinations. The current statistics for Germany show that extensive immunity is important. Outbreaks of infectious diseases such as measles, pertussis or mumps have been observed repeatedly in recent years. These sometimes severe diseases are highly contagious and can spread rapidly. To prevent further outbreaks in Germany, it is recommended that as many infants and small children as possible receive vaccinations according to the current recommendations of the STIKO. The STIKO recommends the use of combination vaccines during infancy and early childhood, which can protect against multiple diseases. The advantage of these vaccines is that they allow for a significant reduction in the number of injections required.

#### Immunisation for infants and small children

STIKO recommends not only vaccinations for newborns, infants, and small children under the age of 24 months, but also immunisation against respiratory syncytial virus (RSV). Prophylactic treatment of RSV protects against severe respiratory illnesses caused by RSV using a monoclonal antibody. Unlike a normal vaccination, which stimulates the immune system to create its own antibodies, prophylactic treatment of RSV offers immediate protection by directly administering prepared antibodies. However, this protection only lasts for a limited time.

#### The STIKO currently recommends that infants and small children receive vaccines against:

Tetanus

Rotavirus

Diphtheria

Mumps

Pertussis

- Chicken pox
- Haemophilus influenzae type b (Hib) Meningococci B and C

· Polio

Rubella

Hepatitis B

Measles

Pneumococci

RSV (Immunisation)

#### Important: For basic immunisation, the following vaccinations, as recommended by STIKO, should be completed during the first year of life:



- · Rotavirus\*
- 6 x vaccination against tetanus, diphtheria, pertussis, Haemophilus influenzae type b (Hib), poliomyelitis; polio for short, liver inflammation (hepatitis B)
- Pneumococci
- · Meningococci B and C



You can find all the important information about these five vaccinations, the prophylactic treatment of RSV, and the underlying diseases on the following pages.

Since the risk of complications increases with increasing age of the child to be vaccinated, the STIKO urgently recommends that the vaccinations be completed early. The series of vaccinations should be started by the age of 12 weeks at the latest and depending on the vaccine - should be preferably completed by the age of 16 or 20 to 22 weeks, however, by the age of 24 or 32 weeks at the latest.

# Because the First & Smile :

is a **Milestone**.



#### **Rotavirus infections**

Pathogen Rotavirus

**Transmission** Smear infection or via contaminated objects

Clinical symptoms

Watery diarrhea as well as sudden vomiting and abdominal pain, frequently mild fever, cough and sniffles. Infants and small children usually develop a severe course of the disease due to considerable fluid loss and must be treated

in the hospital.

**Vaccination** Single vaccine; basic immunisation with an oral vaccine

during infancy

# Lockjaw

(Tetanus)

**Pathogen** 

Bacteria Clostridium tetani

**Transmission** 

The bacteria hide in the earth and enter the body via small

wounds or pricks, e.g. due to splinters, nails or thorns.

Clinical symptoms

Cramps of facial muscles or other muscle groups.

 $Complications: cramps \ of \ the \ larynx \ and \ chest \ muscles$ 

can lead to death by asphyxiation.

Vaccination

Single or combination vaccine; basic immunisation during

infancy and early childhood, booster vaccination in

adolescence as well as every ten years during adulthood

# Diphtheria

**Pathogen** Bacteria Corynebacterium diphtheriae

**Transmission** Droplet infection or direct contact

**Clinical** Sore throat, fever up to 39 °C, swelling of the neck lymph symptoms nodes, paralysis of the soft palate, formation of coatings

adhering to the roof of the mouth and throat down to the larynx. Croup cough with laryngeal diphtheria (especially

in small children). Complications: choking, heart failure, paralysis of the head, face, trunk and breathing muscles

**Vaccination** Combination vaccine; basic immunisation during infancy

and early childhood, booster vaccination in adolescence as

well as every ten years during adulthood



# Whooping cough

(Pertussis)

Pathogen (Primary) Bacteria Bordetella pertussis

**Transmission** Droplet infection

**Clinical** Lengthy illness (6-7 weeks on average), flu-like symptoms, symptoms agonizing bouts of cough. Complications: pneumonia,

agonizing bouts of cough. Complications: pneumonia, inquinal hernias and fractured ribs or middle ear infection.

High risk of complications in infants

**Vaccination** Combination vaccine; basic immunisation during infancy

and early childhood, booster vaccination in adolescence as well as during adulthood, especially for women of childbearing age and during pregnancy and people they

are in contact with



### Haemophilus influenzae type b

(Hib)

Pathogen Bacteria Haemophilus influenzae type b

**Transmission** Droplet infection, but also via contact with infectious

respiratory tract secretions

Clinical symptoms

It can lead to meningeal, epiglottal or lung inflammation as well as blood poisoning (sepsis) with severe courses of the disease. Infants in their first year of life are especially at

risk of deadly complications.

**Vaccination** Single or combination vaccine; basic immunisation during

infancy and early childhood. No booster vaccinations are necessary. Vaccination of people with certain underlying

health conditions



#### **Polio**

(Poliomyelitis; polio for short)

Pathogen Polio virus

**Transmission** The virus is excreted in the stool and primarily transferred

via smear infection, but also via droplet infection or

contaminated drinking water.

Clinical symptoms

The disease runs its course without symptoms in approximately 95 % of infected people. Approx. 5 % suffer from fever as well as a sore throat and headache. In a few cases, flaccid paralysis of the arm and leg muscles, and partly of the speaking, swallowing or breathing muscles, occurs. Complications: lasting paralysis, muscle wasting, decreased bone growth as well as joint destruction

**Vaccination** Combination vaccine; basic immunisation during

infancy and early childhood, booster vaccination during adolescence. Vaccination of migrants, people traveling to at-risk countries as well as people in certain professions

#### Liver inflammation

(Hepatitis B)

Pathogen Hepatitis B virus

**Transmission** Mainly sexual contact or via other bodily fluids

Clinical symptoms

Initially flu-like symptoms, which may be accompanied by nausea and vomiting. One third of those sick have jaundice (yellow coloring of the skin). The illness can be especially chronic in small children. Complications: liver cirrhosis

**Vaccination** Single or combination vaccine; basic immunisation during

infancy and early childhood, which should be caught up during adolescence at the latest. Certain professions should receive the vaccination such as medical personal, people with an underlying health condition as well as people

traveling to at-risk countries.

# Pneumococci diseases

**Pathogen** Bacteria Streptococcus pneumoniae

**Transmission** Droplet infection

Clinical symptoms

Middle ear infection, sinus infection or pneumonia. In addition, meningeal inflammation and blood poisoning in the case of severe courses of the disease. Infants and small children in the first two years of life and the elderly as well as people with a weakened immune system and chronic diseases are especially at risk of severe infection.

**Vaccination** Single vaccine; basic immunisation during infancy and

early childhood. Vaccination of people over 60 years of age as well as people with underlying health conditions or in

certain professions

# Meningococci diseases

Pathogen Bacteria Neisseria meningitidis

**Transmission** Droplet infection or direct contact

**Clinical** First, flu-like symptoms occur. Then, severe headaches, a **symptoms** high fever, nausea, sensitivity to light and neck stiffness

suddenly appear. Afterward, it can lead to meningeal inflammation and/or bacterial blood poisoning ("sepsis") in many cases. Complications: septic shock, developmental disorders, paralysis, cranial nerve paralysis, seizures and

damage to the inner ear up to and including deafness

Single vaccine; basic immunisation during early childhood. Vaccination of people with certain underlying health conditions or at an increased risk of infection as well as people

traveling to at-risk countries.

#### **RSV** infections

Vaccination

**Pathogen** Respiratory syncytial virus

**Transmission** Droplet infection, but also via contact with infectious

respiratory tract secretions

**Clinical** The symptoms range from a simple respiratory tract **symptoms** infection to a severe illness requiring ventilation.

An infection can be asymptomatic, but an initial infection almost always gives rise to clear symptoms. They may be restricted to the upper airways, but the deep airways can also be affected, especially in infants (e.g. pneumonia).

**Vaccination** Monoclonal RSV antibodies (mAbs): prophylactic

treatment in newborns and infants depending on the

month when they were born





#### **Immunisation Schedule**

#### Standard immunisations with vaccines and mAbs

Excerpt from the 2025 STIKO vaccination schedule on completed vaccinations and immunisation with monoclonal antibodies (mAbs) during the first year of life

	Age in weeks			Age in months						
Vaccination/Immunisation	0	4	6	2	3	4	5-7	8-10	11*	12
	U2	U3		U4			U5		U6	
RSV	Monoclonal antibodies (one-time dose) <sup>a</sup>									
Rotavirus		G1	b		G2	(G3)				
<b>Tetanus</b> <sup>c</sup>				G1		G2			G3°	
Diphtheria <sup>c</sup>				G1		G2			G3°	
Pertussis <sup>c</sup>				G1		G2			G3°	
<i>Haemophilus influenzae</i> Type b <sup>c</sup>				G1		G2			G3°	
Poliomyelitis <sup>c</sup>				G1		G2			G3°	
Hepatitis B <sup>c</sup>				<b>G</b> 1		G2			G3°	
Pneumococci <sup>c</sup>				G1		G2			G3°	
Meningococcus B <sup>d</sup>				<b>G</b> 1		G2				G3 <sup>d</sup>
Meningococcal C										G1

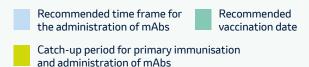


Table modified by MSD after Robert Koch-Institut (RKI). Recommendations of the Standing Committee on Vaccination (STIKO) of RKI. Status as of: January 2025. Epid Bull 2025; 4:1-75.

- a Individuals born between April and September should receive Nirsevimab in the autumn prior to the start of their 1st RSV season. Newborns of any gestational age who were born during the RSV season (mostly between October and March) should receive Nirsevimab as soon as possible after birth, ideally upon discharge from the maternity unit or at the U2 examination ( $3^{rd}$ - $10^{th}$  day of life).
- **b** First vaccine dose as early as the age of 6 weeks; depending on the vaccine used 2 or 3 vaccine doses at an interval of at least 4 weeks. **c** Premature infants: Additional vaccine dose at the age of 3 months, i.e. a total of 4 vaccine doses.
- ${f d}$  3 doses at the age of 2 to 23 months; from the age of 24 months, the vaccination series consists of 2 doses.  ${f e}$  Minimum interval from the previous dose: 6 months.
- \* Vaccinations can be spread over multiple vaccination appointments.

**G:** Basic immunisation (in up to 3 partial vaccinations G1-G3); **mAbs:** monoclonal antibodies

# Additional information on MSD and the subject of vaccinations:



www.msd-gesundheit.de/impfungen/



www.impfen-info.de



www.msd.de



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